

JOIN OUR STUDY

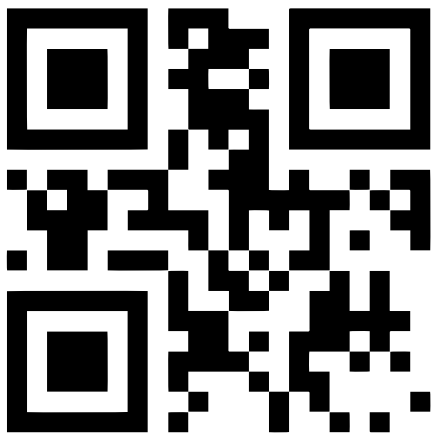
UNILIFE-M

A survey-based study assessing lifestyle and mental health throughout college. By participating in this study you will be contributing to a worldwide dataset, working to help better serve college-aged students with their mental health and lifestyle during college.

WHO: FRESHMAN STUDENTS BEGINNING COURSEWORK DURING THE FALL 2023 SEMESTER.

WHEN: INITIAL SURVEY DURING FALL 2023, WITH FOLLOW-UPS FALL 2024, FALL 2025, AND SPRING 2027.

SCAN ME



M₃ E₁ N₁ T₁ A₁ L₁

H₄ E₁ A₁ L₁ T₁ H₄

M₃ A₁ T₁ T₁ E₁ R₁ S₁

IOWA STATE UNIVERSITY
Wellbeing and Exercise Laboratory

