

# JOIN OUR STUDY

# UNILIFE-M

A survey-based study assessing lifestyle and mental health throughout college. By participating in this study you will be contributing to a worldwide dataset, working to help better serve college-aged students with their mental health and lifestyle during college.

**WHO: FRESHMAN STUDENTS BEGINNING COURSEWORK DURING THE FALL 2023 SEMESTER.**

**WHEN: INITIAL SURVEY DURING FALL 2023, WITH FOLLOW-UPS FALL 2024, FALL 2025, AND SPRING 2027.**

**SCAN ME**



M<sub>3</sub> E<sub>1</sub> N<sub>1</sub> T<sub>1</sub> A<sub>1</sub> L<sub>1</sub>

H<sub>4</sub> E<sub>1</sub> A<sub>1</sub> L<sub>1</sub> T<sub>1</sub> H<sub>4</sub>

M<sub>3</sub> A<sub>1</sub> T<sub>1</sub> T<sub>1</sub> E<sub>1</sub> R<sub>1</sub> S